



# HEALTH, WELLNESS, AND INFORMATION FAIR FOR OLDER ADULTS

MONDAY, OCTOBER 2

Join us as we host local corporate and non-profit organizations to come share information about their businesses and what they can offer our older adult community.

## EAST GWILLIMBURY SPORTS COMPLEX

1914B MOUNT ALBERT RD., SHARON

Guest Speaker Series | Information Booths | Door Prizes | + More!

### Guest Speaker Series:

**Routes Connecting  
Communities**



1:30 to 2 p.m.

**Heart to Home Meals**



2:30 to 3 p.m.

**The Mortgage Group**

***Presented By: Gord Cologna***

3:30 to 4 p.m.

**1 TO 4 P.M.**

**FREE EVENT**

REFRESHMENTS WILL BE SERVED