

AGE WELL, LIVE WELL:

Older Adult Open House 2025

March 22 | 11 a.m. to 3 p.m.
East Gwillimbury Sports Complex

- FREE 55+ Fitness Classes
- Live Music
- Hourly Door Prizes
- Snacks and Refreshments

eastgwillimbury.ca/OlderAdults



**East Gwillimbury
55'n UP Club**



*Golden Anchor
Senior Citizens' Club*

Funded by:

