

## Wednesday, November 1, 2023

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### 55'n Up Club Drop-in Social

Date and Time: Wednesday, November 1 09:00 am - 12:00 pm

Address: 1914B Mount Albert rd

Members gather for a multitude of activities as well as a social get-together. Coffee and tea are available. Some of the popular activities are – games (Rummy-O, Scrabble, etc.); puzzles; card playing; knitting; crocheting; reading and milk bag-mat making (helping others overseas in an attempt to make their lives more comfortable)

Please Note: This activity is for 55'n Up Club Members only. If you would like to become a member, please drop by The Loft and one of the volunteers would be happy to help you.

### 55'n Up Club Walk

Date and Time: Wednesday, November 1 09:00 am - 10:00 am

Address: 1914B Mount Albert rd

Come for a walk. Not only will you meet new people, but it is actually one of the best forms of exercise out there. Benefits include lower blood pressure and cholesterol; reduced risk for heart disease, diabetes and cancer; a brain booster; and believe it or not, a sleep aid!

If you are interested in becoming a member, stop by during any of the 55'n Up Club Activities and a volunteer would be happy to assist you!

### 55+ Drop-in Move Your Body

Date and Time: Wednesday, November 1 09:30 am - 10:30 am

Address: 1914B Mount Albert rd

Join our instructor for a fun, dynamic workout geared to your fitness level and ability. This program incorporates resistance bands, kettlebells and hand-held weights for a low-impact muscle-conditioning workout designed to help improve strength, mobility, and flexibility. As we improve, you'll try new exercises and build on your progress.

55'n Up club members receive discounts on many Town programs. If you are interested in becoming a member, stop by during any of the 55'n Up Club Activities and a volunteer would be happy to assist you!

### STREAM Storytime

Date and Time: Wednesday, November 1 10:30 am - 11:30 am

Address: 19513 Yonge St

Ages: 1-5.

Free.

Enjoy this activity-based storytime. A fun and simple way to explore Science, Technology, Reading, Engineering, Art, and Math with your preschooler.

Drop in or register [here](#) for Holland Landing on Wednesdays at November 1 to 22 at 10:30 a.m.

Drop in or register [here](#) for Mount Albert on Wednesdays at November 1 to 22 at 10:30 a.m.

## **STREAM Storytime**

Date and Time: Wednesday, November 1 10:30 am - 11:30 am

Address: 19300 Centre St

Ages: 1-5.

Free.

Enjoy this activity-based storytime. A fun and simple way to explore Science, Technology, Reading, Engineering, Art, and Math with your preschooler.

Drop in or register [here](#) for Holland Landing on Wednesdays at November 1 to 22 at 10:30 a.m.

Drop in or register [here](#) for Mount Albert on Wednesdays at November 1 to 22 at 10:30 a.m.

## **55+ Drop-in Chair Yoga**

Date and Time: Wednesday, November 1 11:00 am - 12:00 pm

Address: 1914B Mount Albert rd

This program is a gentle introduction to yoga for anyone needing extra support. It consists of 60 minutes of modified yoga postures done while sitting or standing beside a chair. The gentle movements help improve the function, mobility, and range of motion of the spine and other joints in the body. Some of the exercises stretch, release tension tight areas and strengthen such as the shoulders, neck, sides of the chest, hips, and lower back. Breathing techniques help increase relaxation and reduce stress.

55'n Up club members receive discounts on many Town programs. If you are interested in becoming a member, stop by during any of the 55'n Up Club Activities and a volunteer would be happy to assist you!

## **55'n Up Club Darts**

Date and Time: Wednesday, November 1 01:00 pm - 3:30 pm

Address: 1914B Mount Albert rd

The favourite pastime of British pubgoers is becoming very popular in The Loft. Let's continue to bring that

merriment to the Club and who knows, maybe some day we'll even have the beer.

Please Note: This activity is for 55'n Up Club Members only. If you would like to become a member, please drop by The Loft and one of the volunteers would be happy to help you.

## **GASC Hi/Lo Bid Euchre**

Date and Time: Wednesday, November 1 01:00 pm - 4:00 pm

Address: 19513 Yonge St Holland Landing Community Centre Golden Anchor room

Hi/Lo Bid Euchre regular scoring

## **Tech Help**

Date and Time: Wednesday, November 1 01:30 pm - 3:00 pm

Address: 19513 Yonge St

For adults.

Join us for tech help at one of our branches. Sessions are drop in.

Holland Landing: Wednesdays at 1:30 p.m.

Mount Albert: Thursdays at 1:30 p.m.

## **LEGO Club**

Date and Time: Wednesday, November 1 06:00 pm - 7:00 pm

Address: 19300 Centre St

All ages.

Free.

Make a LEGO creation according to the monthly theme! Display your creation for everyone to see.

Drop in or register [here](#) for Holland Landing on Saturdays November 4 and December 2 at 11 a.m.

Drop in or register [here](#) for Mount Albert on Wednesdays November 1 and December 6 at 6 p.m.

## **Tween Makers**

Date and Time: Wednesday, November 1 06:00 pm - 7:00 pm

Address: 19513 Yonge St

Ages: 9-12

Free.

All things tech for tweens!

November 1 and 2 - Makey Makey,

November 15 and 16 - LEGO Robotics,

December 6 and 7 - 3D Printing.

Please register [here](#) for Holland Landing on Wednesdays November 1, 15 and December 6 at 6 p.m.

Please register [here](#) for Mount Albert on Thursdays November 2, 16 and December 7 at 6 p.m.

## 55'n Up Club Euchre All Levels

Date and Time: Wednesday, November 1 07:00 pm - 9:30 pm

Address: 1914B Mount Albert rd

Numbers are growing and members are having so much fun playing a friendly game of euchre with cash prizes to be won.

Please join us on Wednesday evening in the Loft at the EG sports centre, Doors open at 6:45pm Game starts at 7:00pm

\$2.00 to play; 6 winners every night.

Please Note: This activity is for 55'n Up Club Members only. If you would like to become a member, please drop by The Loft and one of the volunteers would be happy to help you.

## Thursday, November 2, 2023

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### 55'n Up Club Walk

Date and Time: Thursday, November 2 09:00 am - 10:00 am

Address: 1914B Mount Albert rd

Come for a walk. Not only will you meet new people, but it is actually one of the best forms of exercise out there. Benefits include lower blood pressure and cholesterol; reduced risk for heart disease, diabetes and cancer; a brain booster; and believe it or not, a sleep aid!

If you are interested in becoming a member, stop by during any of the 55'n Up Club Activities and a volunteer would be happy to assist you!

### 55'n Up Club Drop-in Social

Date and Time: Thursday, November 2 09:00 am - 12:00 pm

Address: 1914B Mount Albert rd

Members gather for a multitude of activities as well as a social get-together. Coffee and tea are available. Some of the popular activities are – games (Rummy-O, Scrabble, etc.); puzzles; card playing; knitting; crocheting; reading and milk bag-mat making (helping others overseas in an attempt to make their lives more comfortable)

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## 55'n Up Club Granny Squares

Date and Time: Thursday, November 2 09:30 am - 12:00 pm

Address: 1914B Mount Albert rd

The Granny Squares came back in full force starting on September 7th. We have a great group of regulars every Thursday morning and if you've ever wondered what we are all about, please stop by. We have crocheters and knitters of all levels from expert to beginners. We are happy to teach you how to crochet, with a goal of learning how to make the wonderful bears we sent off to Canada Comforts. We also learn a lot from each other, share different patterns and techniques and have lots of fun. Hope to see you on Thursday morning.

Please Note: This activity is for 55'n Up Club Members only. If you would like to become a member, please drop by The Loft and one of the volunteers would be happy to help you.

## 55+ Drop-in Line Dancing

Date and Time: Thursday, November 2 10:00 am - 11:00 am

Address: 1914B Mount Albert rd

Our instructor will walk you through the steps of traditional and country line dancing. Great fun and Fitness too! All levels welcome.

55'n Up club members receive discounts on many Town programs. If you are interested in becoming a member, stop by during any of the 55'n Up Club Activities and a volunteer would be happy to assist you!

## 55'n Up Club Euchre All Levels Social

Date and Time: Thursday, November 2 01:00 pm - 3:30 pm

Address: 1914B Mount Albert rd

Although no one seems to know where it came from, euchre is one of the most popular card games. Come and connect with others who love the game for an afternoon or evening of fun! Choose your "game", no prizes Thursday afternoon or cash prizes Wednesday evening. See calendar.

Please Note: This activity is for 55'n Up Club Members only. If you would like to become a member, please drop by The Loft and one of the volunteers would be happy to help you.

## Tech Help

Date and Time: Thursday, November 2 01:30 pm - 3:00 pm

Address: 19300 Centre Street

For adults.

Join us for tech help at one of our branches. Sessions are drop in.

Holland Landing: Wednesdays at 1:30 p.m.

Mount Albert: Thursdays at 1:30 p.m.

## Igniting Ideas

Date and Time: Thursday, November 2 05:00 pm - 6:00 pm

Address: 19300 Centre St

Ages: 6+.

Free.

Learn and explore all things science, tech, engineering, art, and math through engaging hands-on activities.

Drop in or register [here](#) for Holland Landing on Thursdays November 2 to 23 at 6 p.m.

Drop in or register [here](#) for Mount Albert on Thursdays November 2 to 23 at 5 p.m.

## Tween Makers

Date and Time: Thursday, November 2 06:00 pm - 7:00 pm

Address: 19300 Centre St

Ages: 9-12.

Free.

All things tech for tweens!

November 1 and 2 - Makey Makey,

November 15 and 16 - LEGO Robotics,

December 6 and 7 - 3D Printing.

Please register [here](#) for Holland Landing on Wednesdays November 1, 15 and December 6 at 6 p.m.

Please register [here](#) for Mount Albert on Thursdays November 2, 16 and December 7 at 6 p.m.

## Igniting Ideas

Date and Time: Thursday, November 2 06:00 pm - 7:00 pm

Address: 19513 Yonge St

Ages: 6+.

Free.

Learn and explore all things science, tech, engineering, art, and math through engaging hands-on activities.

Drop in or register [here](#) for Holland Landing on Thursdays November 2 to 23 at 6 p.m.

Drop in or register [here](#) for Mount Albert on Thursdays November 2 to 23 at 5 p.m.

## Friday, November 3, 2023

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### 55'n Up Club Drop-in Social

Date and Time: Friday, November 3 09:00 am - 12:00 pm

Address: 1914B Mount Albert rd

Members gather for a multitude of activities as well as a social get-together. Coffee and tea are available. Some of the popular activities are – games (Rummy-O, Scrabble, etc.); puzzles; card playing; knitting; crocheting; reading and milk bag-mat making (helping others overseas in an attempt to make their lives more comfortable)

Please Note: This activity is for 55'n Up Club Members only. If you would like to become a member, please drop by The Loft and one of the volunteers would be happy to help you.

### 55'n Up Club Walk

Date and Time: Friday, November 3 09:00 am - 10:00 am

Address: 1914B Mount Albert rd

Come for a walk. Not only will you meet new people, but it is actually one of the best forms of exercise out there. Benefits include lower blood pressure and cholesterol; reduced risk for heart disease, diabetes and cancer; a brain booster; and believe it or not, a sleep aid!

If you are interested in becoming a member, stop by during any of the 55'n Up Club Activities and a volunteer would be happy to assist you!

### 55+ Drop-in Functional Fitness

Date and Time: Friday, November 3 09:30 am - 10:30 am

Address: 1914B Mount Albert rd

Join us for an hour of exercise includes a warm-up, cardio, balance exercises, strength training using weights and resistance bands (provided) and ends with a cool down. This class is a great way to tone and stretch your muscles, increase your energy and promote a healthy lifestyle. Our excellent instructor, Pat Wellman, offers modifications to increase/decrease intensity as well as to help those with arthritis or injury.

55'n Up club members receive discounts on many Town programs. If you are interested in becoming a member, stop by during any of the 55'n Up Club Activities and a volunteer would be happy to assist you!

### 55+ Drop-in Functional Fitness

Date and Time: Friday, November 3 10:30 am - 11:30 am

Address: 1914B Mount Albert rd

Join us for an hour of exercise includes a warm-up, cardio, balance exercises, strength training using weights and resistance bands (provided) and ends with a cool down. This class is a great way to tone and stretch your muscles, increase your energy and promote a healthy lifestyle. Our excellent instructor, Pat Wellman, offers modifications to increase/decrease intensity as well as to help those with arthritis or injury.

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## Stroller Meetup

Date and Time: Friday, November 3 10:30 am - 11:30 am

Address: 19513 Yonge St

All ages.

Free.

Are you a parent with a little one? Enjoy a variety of play-based activities for the young ones and a space for you to meet other local families.

Drop in or register [here](#) for Holland Landing on Fridays November 3 to December 22 at 10:30 a.m.

Drop in or register [here](#) for Mount Albert on Wednesdays December 6 to 20 at 10:30 a.m.

## GASC Bingo

Date and Time: Friday, November 3 01:00 pm - 3:30 pm

Address: 19513 Yonge St Holland Landing Community Centre Golden Anchor room

Join the Golden Anchor Seniors Club at The Holland Landing Community Centre in the Golden Anchor room for Bingo from 1 p.m. to 3:30 p.m.

## Saturday, November 4, 2023

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### LEGO Club

Date and Time: Saturday, November 4 11:00 am - 12:00 pm

Address: 19513 Yonge St

All ages.

Free.

Make a LEGO creation according to the monthly theme! Display your creation for everyone to see.



Drop in or register [here](#) for Holland Landing on Saturdays November 4 and December 2 at 11 a.m.  
Drop in or register [here](#) for Mount Albert on Wednesdays November 1 and December 6 at 6 p.m.

## **Monday, November 6, 2023**

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### **55'n Up Club Walk**

Date and Time: Monday, November 6 09:00 am - 10:00 am

Address: 1914B Mount Albert rd

Come for a walk. Not only will you meet new people, but it is actually one of the best forms of exercise out there. Benefits include lower blood pressure and cholesterol; reduced risk for heart disease, diabetes and cancer; a brain booster; and believe it or not, a sleep aid!

If you are interested in becoming a member, stop by during any of the 55'n Up Club Activities and a volunteer would be happy to assist you!

### **55'n Up Club Drop-in Social**

Date and Time: Monday, November 6 09:00 am - 12:00 pm

Address: 1914B Mount Albert rd

Members gather for a multitude of activities as well as a social get-together. Coffee and tea are available. Some of the popular activities are – games (Rummy-O, Scrabble, etc.); puzzles; card playing; knitting; crocheting; reading and milk bag-mat making (helping others overseas in an attempt to make their lives more comfortable)

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### **55+ Drop-in Functional Fitness**

Date and Time: Monday, November 6 09:30 am - 10:30 am

Address: 1914B Mount Albert rd

Join us for an hour of exercise includes a warm-up, cardio, balance exercises, strength training using weights and resistance bands (provided) and ends with a cool down. This class is a great way to tone and stretch your muscles, increase your energy and promote a healthy lifestyle. Our excellent instructor, Pat Wellman, offers modifications to increase/decrease intensity as well as to help those with arthritis or injury.

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### **55+ Drop-in Functional Fitness**

Date and Time: Monday, November 6 10:30 am - 11:30 am

Address: 1914B Mount Albert rd

Join us for an hour of exercise includes a warm-up, cardio, balance exercises, strength training using weights and resistance bands (provided) and ends with a cool down. This class is a great way to tone and stretch your muscles, increase your energy and promote a healthy lifestyle. Our excellent instructor, Pat Wellman, offers modifications to increase/decrease intensity as well as to help those with arthritis or injury.

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## **GASC Hi/Lo Bid Euchre**

Date and Time: Monday, November 6 01:00 pm - 4:00 pm

Address: 19513 Yonge St Holland Landing Community Centre Golden Anchor room

## **Ward 3 Coffee with Council**

Date and Time: Monday, November 6 06:00 pm - 8:00 pm

Address: Ross Family Complex, 19300 Centre Street, Mount Albert

Drop in between 6 to 8 p.m. at the Ross Family Complex (19300 Centre Street, Mount Albert) to chat about your community with Mayor Virginia Hackson and Ward 3 Councillors Scott Crone and Susan Lahey.

## **GASC Hi/Lo Bid Euchre**

Date and Time: Monday, November 6 07:00 pm - 10:00 pm

Address: 19513 Yonge St Holland Landing Community Centre Golden Anchor room

# **Tuesday, November 7, 2023**

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## **55'n Up Club Drop-in Social**

Date and Time: Tuesday, November 7 09:00 am - 12:00 pm

Address: 1914B Mount Albert rd

Members gather for a multitude of activities as well as a social get-together. Coffee and tea are available. Some of the popular activities are – games (Rummy-O, Scrabble, etc.); puzzles; card playing; knitting; crocheting; reading and milk bag-mat making (helping others overseas in an attempt to make their lives more comfortable)

Please Note: This activity is for 55'n Up Club Members only. If you would like to become a member, please drop by The Loft and one of the volunteers would be happy to help you.

## **55'n Up Club Walk**

Date and Time: Tuesday, November 7 09:00 am - 10:00 am

Address: 1914B Mount Albert rd

Come for a walk. Not only will you meet new people, but it is actually one of the best forms of exercise out there. Benefits include lower blood pressure and cholesterol; reduced risk for heart disease, diabetes and cancer; a brain booster; and believe it or not, a sleep aid!

If you are interested in becoming a member, stop by during any of the 55'n Up Club Activities and a volunteer would be happy to assist you!

## **55+ Drop-in YogaFIT**

Date and Time: Tuesday, November 7 09:15 am - 10:15 am

Address: 1914B Mount Albert rd

Focus is on balance, breathing, strength, cardio, flexibility, toning, flows and chakras (energy). This program challenges participants to gain inner peace and inner strength. Yoga mat and water bottle required.

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## **55+ Drop-in BollyX**

Date and Time: Tuesday, November 7 10:30 am - 11:30 am

Address: 1914B Mount Albert rd

A Bollywood workout! This combines dance and fitness with a mix of low/high intensity, choreographed movements which includes warm-up, dynamic stretch, upper and lower body strength. Running shoes and water bottle required.

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## **GASC Hi/Lo Positive Scoring**

Date and Time: Tuesday, November 7 01:00 pm - 4:00 pm

Address: 19513 Yonge St Holland Landing Community Centre Golden Anchor

Hi/Lo Positive Scoring

## **55'n Up Club Bingo**

Date and Time: Tuesday, November 7 01:00 pm - 3:30 pm

Address: 1914B Mount Albert rd

Come out and enjoy a friendly game of bingo and maybe win some pocket change. Cards are \$0.50 each, maximum 4 cards per person. We'll play some games and have a bit of a social with the last game of the afternoon being a full card with the winner(s) taking home the cash.

Please Note: This activity is for 55'n Up Club Members only. If you would like to become a member, please drop by The Loft and one of the volunteers would be happy to help you.

## Zumbini for Babies

Date and Time: Tuesday, November 7 01:30 pm - 2:30 pm

Address: 19300 Centre St

Ages: 0-12 months.

Free.

Come to this program led by EarlyON Educators to learn Zumbini! Zumbini provides a wonderful workout for parents and is an opportunity for infants to experience the sounds and rhythm of music and movement.

Drop in.

Holland Landing: Tuesdays December 5 to 19 at 1:30 p.m.

Mount Albert: Tuesdays November 7 to 28 at 1:30 p.m.

## French Conversation Circle

Date and Time: Tuesday, November 7 04:30 pm - 5:30 pm

Address: 19300 Centre

For adults.

Free.

Come practice your conversational French in a fun and supportive environment.

For more information email [jremillard@egpl.ca](mailto:jremillard@egpl.ca). or register [here](#).

Virtual: Tuesdays at 4:30 p.m.

## Youth Task Force

Date and Time: Tuesday, November 7 06:00 pm - 7:00 pm

Address: 19513 Yonge St

Ages: Teens

Free.

Work on library projects with other teens to receive volunteer hours.

Please register [here](#) for Holland Landing on Tuesdays November 7 and December 19 at 6 p.m.

Please register [here](#) for Mount Albert on Wednesdays November 22 and December 20 at 6 p.m.

## **GASC Progressive Euchre**

Date and Time: Tuesday, November 7 07:00 pm - 10:00 pm

Address: 19513 Yonge St Holland Landing Community Centre Golden Anchor room

## **Wednesday, November 8, 2023**

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### **55'n Up Club Walk**

Date and Time: Wednesday, November 8 09:00 am - 10:00 am

Address: 1914B Mount Albert rd

Come for a walk. Not only will you meet new people, but it is actually one of the best forms of exercise out there. Benefits include lower blood pressure and cholesterol; reduced risk for heart disease, diabetes and cancer; a brain booster; and believe it or not, a sleep aid!

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### **55'n Up Club Drop-in Social**

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Address: 1914B Mount Albert rd

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### **55+ Drop-in Move Your Body**

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Address: 1914B Mount Albert rd

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## Job Skills Point Click Connect

Date and Time: Wednesday, November 8 10:00 am - 4:00 pm

Address: 19513 Yonge St

Interested in learning essential computer skills that are crucial in today's digital environment, including communication basics for email and social media? Over the span of three days, you'll learn computer basics, internet searching and privacy, online networking and Microsoft Word and Excel.

Please *note* this is a *three day* course from 10 a.m. - 4 p.m.

Please register [here](#) for Holland Landing on November 7, 8, 9 at 10 a.m. - 4 p.m.

## STREAM Storytime

Date and Time: Wednesday, November 8 10:30 am - 11:30 am

Address: 19513 Yonge St

Ages: 1-5.

Free.

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Drop in or register [here](#) for Holland Landing on Wednesdays at November 1 to 22 at 10:30 a.m.

Drop in or register [here](#) for Mount Albert on Wednesdays at November 1 to 22 at 10:30 a.m.

## STREAM Storytime

Date and Time: Wednesday, November 8 10:30 am - 11:30 am

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## 55+ Drop-in Chair Yoga

Date and Time: Wednesday, November 8 11:00 am - 12:00 pm

Address: 1914B Mount Albert rd

This program is a gentle introduction to yoga for anyone needing extra support. It consists of 60 minutes of modified yoga postures done while sitting or standing beside a chair. The gentle movements help improve the function, mobility, and range of motion of the spine and other joints in the body. Some of the exercises stretch, release tension tight areas and strengthen such as the shoulders, neck, sides of the chest, hips, and lower back. Breathing techniques help increase relaxation and reduce stress.

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## **55'n Up Club Darts**

Date and Time: Wednesday, November 8 01:00 pm - 3:30 pm

Address: 1914B Mount Albert rd

The favourite pastime of British pubgoers is becoming very popular in The Loft. Let's continue to bring that merriment to the Club and who knows, maybe some day we'll even have the beer.

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## **GASC Hi/Lo Bid Euchre**

Date and Time: Wednesday, November 8 01:00 pm - 4:00 pm

Address: 19513 Yonge St Holland Landing Community Centre Golden Anchor room

Hi/Lo Bid Euchre regular scoring

## **Tech Help**

Date and Time: Wednesday, November 8 01:30 pm - 3:00 pm

Address: 19513 Yonge St

For adults.

Join us for tech help at one of our branches. Sessions are drop in.

Holland Landing: Wednesdays at 1:30 p.m.

Mount Albert: Thursdays at 1:30 p.m.

## **Are You Smarter Than A Librarian**

Date and Time: Wednesday, November 8 06:30 pm - 7:30 pm

Address: 19300 Centre St

For adults.

Free.

Are you smarter than a librarian? Join us for a fun trivia night at the library! Bring a group of 3-6 family and friends to test your knowledge about anything and everything!

Please register [here](#) for Mount Albert on Wednesday November 8 at 6:30 p.m.

## 55'n Up Club Euchre All Levels

Date and Time: Wednesday, November 8 07:00 pm - 9:30 pm

Address: 1914B Mount Albert rd

Numbers are growing and members are having so much fun playing a friendly game of euchre with cash prizes to be won.

Please join us on Wednesday evening in the Loft at the EG sports centre, Doors open at 6:45pm Game starts at 7:00pm

\$2.00 to play; 6 winners every night.

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## Thursday, November 9, 2023

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### 55'n Up Club Drop-in Social

Date and Time: Thursday, November 9 09:00 am - 12:00 pm

Address: 1914B Mount Albert rd

Members gather for a multitude of activities as well as a social get-together. Coffee and tea are available. Some of the popular activities are – games (Rummy-O, Scrabble, etc.); puzzles; card playing; knitting; crocheting; reading and milk bag-mat making (helping others overseas in an attempt to make their lives more comfortable)

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### 55'n Up Club Walk

Date and Time: Thursday, November 9 09:00 am - 10:00 am

Address: 1914B Mount Albert rd

Come for a walk. Not only will you meet new people, but it is actually one of the best forms of exercise out there. Benefits include lower blood pressure and cholesterol; reduced risk for heart disease, diabetes and cancer; a brain booster; and believe it or not, a sleep aid!

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## 55'n Up Club Granny Squares

Date and Time: Thursday, November 9 09:30 am - 12:00 pm

Address: 1914B Mount Albert rd

The Granny Squares came back in full force starting on September 7th. We have a great group of regulars every Thursday morning and if you've ever wondered what we are all about, please stop by. We have crocheters and knitters of all levels from expert to beginners. We are happy to teach you how to crochet, with a goal of learning how to make the wonderful bears we sent off to Canada Comforts. We also learn a lot from each other, share different patterns and techniques and have lots of fun. Hope to see you on Thursday morning.

Please Note: This activity is for 55'n Up Club Members only. If you would like to become a member, please drop by The Loft and one of the volunteers would be happy to help you.

## 55+ Drop-in Line Dancing

Date and Time: Thursday, November 9 10:00 am - 11:00 am

Address: 1914B Mount Albert rd

Our instructor will walk you through the steps of traditional and country line dancing. Great fun and Fitness too! All levels welcome.

55'n Up club members receive discounts on many Town programs. If you are interested in becoming a member, stop by during any of the 55'n Up Club Activities and a volunteer would be happy to assist you!

## Job Skills Point Click Connect

Date and Time: Thursday, November 9 10:00 am - 4:00 pm

Address: 19513 Yonge St

Interested in learning essential computer skills that are crucial in today's digital environment, including communication basics for email and social media? Over the span of three days, you'll learn computer basics, internet searching and privacy, online networking and Microsoft Word and Excel.

Please *note* this is a *three day* course from 10 a.m. - 4 p.m.

Please register [here](#) for Holland Landing on November 7, 8, 9 at 10 a.m. - 4 p.m.

## 55'n Up Club Euchre All Levels Social

Date and Time: Thursday, November 9 01:00 pm - 3:30 pm

Address: 1914B Mount Albert rd

Although no one seems to know where it came from, euchre is one of the most popular card games. Come and connect with others who love the game for an afternoon or evening of fun! Choose your "game", no prizes Thursday afternoon or cash prizes Wednesday evening. See calendar.

Please Note: This activity is for 55'n Up Club Members only. If you would like to become a member, please

drop by The Loft and one of the volunteers would be happy to help you.

## Tech Help

Date and Time: Thursday, November 9 01:30 pm - 3:00 pm

Address: 19300 Centre Street

For adults.

Join us for tech help at one of our branches. Sessions are drop in.

Holland Landing: Wednesdays at 1:30 p.m.

Mount Albert: Thursdays at 1:30 p.m.

## Igniting Ideas

Date and Time: Thursday, November 9 05:00 pm - 6:00 pm

Address: 19300 Centre St

Ages: 6+.

Free.

Learn and explore all things science, tech, engineering, art, and math through engaging hands-on activities.

Drop in or register [here](#) for Holland Landing on Thursdays November 2 to 23 at 6 p.m.

Drop in or register [here](#) for Mount Albert on Thursdays November 2 to 23 at 5 p.m.

## Igniting Ideas

Date and Time: Thursday, November 9 06:00 pm - 7:00 pm

Address: 19513 Yonge St

Ages: 6+.

Free.

Learn and explore all things science, tech, engineering, art, and math through engaging hands-on activities.

Drop in or register [here](#) for Holland Landing on Thursdays November 2 to 23 at 6 p.m.

Drop in or register [here](#) for Mount Albert on Thursdays November 2 to 23 at 5 p.m.

## Friday, November 10, 2023

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### 55'n Up Club Walk

Date and Time: Friday, November 10 09:00 am - 10:00 am

Address: 1914B Mount Albert rd

Come for a walk. Not only will you meet new people, but it is actually one of the best forms of exercise out there. Benefits include lower blood pressure and cholesterol; reduced risk for heart disease, diabetes and cancer; a brain booster; and believe it or not, a sleep aid!

If you are interested in becoming a member, stop by during any of the 55'n Up Club Activities and a volunteer would be happy to assist you!

## **55'n Up Club Drop-in Social**

Date and Time: Friday, November 10 09:00 am - 12:00 pm

Address: 1914B Mount Albert rd

Members gather for a multitude of activities as well as a social get-together. Coffee and tea are available. Some of the popular activities are – games (Rummy-O, Scrabble, etc.); puzzles; card playing; knitting; crocheting; reading and milk bag-mat making (helping others overseas in an attempt to make their lives more comfortable)

Please Note: This activity is for 55'n Up Club Members only. If you would like to become a member, please drop by The Loft and one of the volunteers would be happy to help you.

## **55+ Drop-in Functional Fitness**

Date and Time: Friday, November 10 09:30 am - 10:30 am

Address: 1914B Mount Albert rd

Join us for an hour of exercise includes a warm-up, cardio, balance exercises, strength training using weights and resistance bands (provided) and ends with a cool down. This class is a great way to tone and stretch your muscles, increase your energy and promote a healthy lifestyle. Our excellent instructor, Pat Wellman, offers modifications to increase/decrease intensity as well as to help those with arthritis or injury.

55'n Up club members receive discounts on many Town programs. If you are interested in becoming a member, stop by during any of the 55'n Up Club Activities and a volunteer would be happy to assist you!

## **55+ Drop-in Functional Fitness**

Date and Time: Friday, November 10 10:30 am - 11:30 am

Address: 1914B Mount Albert rd

Join us for an hour of exercise includes a warm-up, cardio, balance exercises, strength training using weights and resistance bands (provided) and ends with a cool down. This class is a great way to tone and stretch your muscles, increase your energy and promote a healthy lifestyle. Our excellent instructor, Pat Wellman, offers modifications to increase/decrease intensity as well as to help those with arthritis or injury.

55'n Up club members receive discounts on many Town programs. If you are interested in becoming a member, stop by during any of the 55'n Up Club Activities and a volunteer would be happy to assist you!

## Stroller Meetup

Date and Time: Friday, November 10 10:30 am - 11:30 am

Address: 19513 Yonge St

All ages.

Free.

Are you a parent with a little one? Enjoy a variety of play-based activities for the young ones and a space for you to meet other local families.

Drop in or register [here](#) for Holland Landing on Fridays November 3 to December 22 at 10:30 a.m.

Drop in or register [here](#) for Mount Albert on Wednesdays December 6 to 20 at 10:30 a.m.

## Hi/Lo Big Euchre or Crazy Canasta

Date and Time: Friday, November 10 01:00 pm - 4:00 pm

Address: 19513 Yonge St Holland Landing Community Centre Golden Anchor room

## Saturday, November 11, 2023

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### Remembrance Day Ceremony

Date and Time: Saturday, November 11 10:40 am

Address: 19000 Leslie Street

Join East Gwillimbury on Saturday, November 11 at 10:40 a.m. for our Remembrance Day Ceremony in front of the Civic Centre (19000 Leslie Street). All are welcome to attend to honour the many brave men and women who fought for our country.

### Cricut and Coffee

Date and Time: Saturday, November 11 01:30 pm - 2:30 pm

Address: 19513 Yonge St

For adults.

Free.

Learn how to use our Cricut machines, socialize with others, and enjoy a complimentary coffee. It is encouraged to bring your own device and materials to the program. Please visit this the Library's [website](#) for material pricing details.

November: DIY Mug! Blank mugs available for purchase at the program for \$5. Cricut Infusible Ink material available for purchase at the program for \$2.50/half foot of Infusible Ink sheets. Please register [here](#) for Holland Landing on Saturday November 11 at 1:30 p.m. Please register [here](#) for Mount Albert on Saturday November 4 at 1:30 p.m.

## Monday, November 13, 2023

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### 55'n Up Club Drop-in Social

Date and Time: Monday, November 13 09:00 am - 12:00 pm

Address: 1914B Mount Albert rd

Members gather for a multitude of activities as well as a social get-together. Coffee and tea are available. Some of the popular activities are – games (Rummy-O, Scrabble, etc.); puzzles; card playing; knitting; crocheting; reading and milk bag-mat making (helping others overseas in an attempt to make their lives more comfortable)

Please Note: This activity is for 55'n Up Club Members only. If you would like to become a member, please drop by The Loft and one of the volunteers would be happy to help you.

### 55'n Up Club Walk

Date and Time: Monday, November 13 09:00 am - 10:00 am

Address: 1914B Mount Albert rd

Come for a walk. Not only will you meet new people, but it is actually one of the best forms of exercise out there. Benefits include lower blood pressure and cholesterol; reduced risk for heart disease, diabetes and cancer; a brain booster; and believe it or not, a sleep aid!

If you are interested in becoming a member, stop by during any of the 55'n Up Club Activities and a volunteer would be happy to assist you!

### 55+ Drop-in Functional Fitness

Date and Time: Monday, November 13 09:30 am - 10:30 am

Address: 1914B Mount Albert rd

Join us for an hour of exercise includes a warm-up, cardio, balance exercises, strength training using weights and resistance bands (provided) and ends with a cool down. This class is a great way to tone and stretch your muscles, increase your energy and promote a healthy lifestyle. Our excellent instructor, Pat Wellman, offers modifications to increase/decrease intensity as well as to help those with arthritis or injury.

55'n Up club members receive discounts on many Town programs. If you are interested in becoming a member, stop by during any of the 55'n Up Club Activities and a volunteer would be happy to assist you!

### 55+ Drop-in Functional Fitness

Date and Time: Monday, November 13 10:30 am - 11:30 am

Address: 1914B Mount Albert rd

Join us for an hour of exercise includes a warm-up, cardio, balance exercises, strength training using weights and resistance bands (provided) and ends with a cool down. This class is a great way to tone and stretch your muscles, increase your energy and promote a healthy lifestyle. Our excellent instructor, Pat Wellman, offers modifications to increase/decrease intensity as well as to help those with arthritis or injury.

55'n Up club members receive discounts on many Town programs. If you are interested in becoming a member, stop by during any of the 55'n Up Club Activities and a volunteer would be happy to assist you!

## **GASC Hi/Lo Bid Euchre**

Date and Time: Monday, November 13 01:00 pm - 4:00 pm

Address: 19513 Yonge St Holland Landing Community Centre Golden Anchor room

## **GASC Hi/Lo Bid Euchre**

Date and Time: Monday, November 13 07:00 pm - 10:00 pm

Address: 19513 Yonge St Holland Landing Community Centre Golden Anchor room

## **Tuesday, November 14, 2023**

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### **55'n Up Club Walk**

Date and Time: Tuesday, November 14 09:00 am - 10:00 am

Address: 1914B Mount Albert rd

Come for a walk. Not only will you meet new people, but it is actually one of the best forms of exercise out there. Benefits include lower blood pressure and cholesterol; reduced risk for heart disease, diabetes and cancer; a brain booster; and believe it or not, a sleep aid!

If you are interested in becoming a member, stop by during any of the 55'n Up Club Activities and a volunteer would be happy to assist you!

### **55'n Up Club Drop-in Social**

Date and Time: Tuesday, November 14 09:00 am - 12:00 pm

Address: 1914B Mount Albert rd

Members gather for a multitude of activities as well as a social get-together. Coffee and tea are available. Some of the popular activities are – games (Rummy-O, Scrabble, etc.); puzzles; card playing; knitting; crocheting; reading and milk bag-mat making (helping others overseas in an attempt to make their lives more comfortable)

Please Note: This activity is for 55'n Up Club Members only. If you would like to become a member, please drop by The Loft and one of the volunteers would be happy to help you.

## **55+ Drop-in YogaFIT**

Date and Time: Tuesday, November 14 09:15 am - 10:15 am

Address: 1914B Mount Albert rd

Focus is on balance, breathing, strength, cardio, flexibility, toning, flows and chakras (energy). This program challenges participants to gain inner peace and inner strength. Yoga mat and water bottle required.

55'n Up club members receive discounts on many Town programs. If you are interested in becoming a member, stop by during any of the 55'n Up Club Activities and a volunteer would be happy to assist you!

## **55+ Drop-in BollyX**

Date and Time: Tuesday, November 14 10:30 am - 11:30 am

Address: 1914B Mount Albert rd

A Bollywood workout! This combines dance and fitness with a mix of low/high intensity, choreographed movements which includes warm-up, dynamic stretch, upper and lower body strength. Running shoes and water bottle required.

55'n Up club members receive discounts on many Town programs. If you are interested in becoming a member, stop by during any of the 55'n Up Club Activities and a volunteer would be happy to assist you!

## **GASC Hi/Lo Positive Scoring**

Date and Time: Tuesday, November 14 01:00 pm - 4:00 pm

Address: 19513 Yonge St Holland Landing Community Centre Golden Anchor

Hi/Lo Positive Scoring

## **55'n Up Club Bingo**

Date and Time: Tuesday, November 14 01:00 pm - 3:30 pm

Address: 1914B Mount Albert rd

Come out and enjoy a friendly game of bingo and maybe win some pocket change. Cards are \$0.50 each, maximum 4 cards per person. We'll play some games and have a bit of a social with the last game of the afternoon being a full card with the winner(s) taking home the cash.

Please Note: This activity is for 55'n Up Club Members only. If you would like to become a member, please drop by The Loft and one of the volunteers would be happy to help you.

## Zumbini for Babies

Date and Time: Tuesday, November 14 01:30 pm - 2:30 pm

Address: 19300 Centre St

Ages: 0-12 months.

Free.

Come to this program led by EarlyON Educators to learn Zumbini! Zumbini provides a wonderful workout for parents and is an opportunity for infants to experience the sounds and rhythm of music and movement.

Drop in.

Holland Landing: Tuesdays December 5 to 19 at 1:30 p.m.

Mount Albert: Tuesdays November 7 to 28 at 1:30 p.m.

## French Conversation Circle

Date and Time: Tuesday, November 14 04:30 pm - 5:30 pm

Address: 19300 Centre

For adults.

Free.

Come practice your conversational French in a fun and supportive environment.

For more information email [jremillard@egpl.ca](mailto:jremillard@egpl.ca). or register [here](#).

Virtual: Tuesdays at 4:30 p.m.

## Minecraft Meetup

Date and Time: Tuesday, November 14 04:30 pm - 5:30 pm

Address: 19513 Yonge St

Ages: 7+

Free.

Play Minecraft with others from the comfort of your own home! Be prepared to build, explore, and fight Creepers. Registration required.

Virtual: Tuesdays November 14, 28 and December 12 at 4:30 p.m.

## Book Club

Date and Time: Tuesday, November 14 06:30 pm - 7:30 pm

Address: 19513 Yonge St

For adults.



Free.

Interested in joining our Book Club? Please email [bodonnell@egpl.ca](mailto:bodonnell@egpl.ca) to register.

Nov: Demon Copperhead by Barbara Kingsolver

December: The Great Believers by Rebecca Makkai

Holland Landing: Tuesdays November 14 and December 12 at 6:30 - 8 p.m.

## **GASC Progressive Euchre**

Date and Time: Tuesday, November 14 07:00 pm - 10:00 pm

Address: 19513 Yonge St Holland Landing Community Centre Golden Anchor room

## **Wednesday, November 15, 2023**

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### **55'n Up Club Drop-in Social**

Date and Time: Wednesday, November 15 09:00 am - 12:00 pm

Address: 1914B Mount Albert rd

Members gather for a multitude of activities as well as a social get-together. Coffee and tea are available. Some of the popular activities are – games (Rummy-O, Scrabble, etc.); puzzles; card playing; knitting; crocheting; reading and milk bag-mat making (helping others overseas in an attempt to make their lives more comfortable)

Please Note: This activity is for 55'n Up Club Members only. If you would like to become a member, please drop by The Loft and one of the volunteers would be happy to help you.

### **55'n Up Club Walk**

Date and Time: Wednesday, November 15 09:00 am - 10:00 am

Address: 1914B Mount Albert rd

Come for a walk. Not only will you meet new people, but it is actually one of the best forms of exercise out there. Benefits include lower blood pressure and cholesterol; reduced risk for heart disease, diabetes and cancer; a brain booster; and believe it or not, a sleep aid!

If you are interested in becoming a member, stop by during any of the 55'n Up Club Activities and a volunteer would be happy to assist you!

### **55+ Drop-in Move Your Body**

Date and Time: Wednesday, November 15 09:30 am - 10:30 am

Address: 1914B Mount Albert rd

Join our instructor for a fun, dynamic workout geared to your fitness level and ability. This program

incorporates resistance bands, kettlebells and hand-held weights for a low-impact muscle-conditioning workout designed to help improve strength, mobility, and flexibility. As we improve, you'll try new exercises and build on your progress.

55'n Up club members receive discounts on many Town programs. If you are interested in becoming a member, stop by during any of the 55'n Up Club Activities and a volunteer would be happy to assist you!

## **STREAM Storytime**

Date and Time: Wednesday, November 15 10:30 am - 11:30 am

Address: 19300 Centre St

Ages: 1-5.

Free.

Enjoy this activity-based storytime. A fun and simple way to explore Science, Technology, Reading, Engineering, Art, and Math with your preschooler.

Drop in or register [here](#) for Holland Landing on Wednesdays at November 1 to 22 at 10:30 a.m.

Drop in or register [here](#) for Mount Albert on Wednesdays at November 1 to 22 at 10:30 a.m.

## **STREAM Storytime**

Date and Time: Wednesday, November 15 10:30 am - 11:30 am

Address: 19513 Yonge St

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Free.

Enjoy this activity-based storytime. A fun and simple way to explore Science, Technology, Reading, Engineering, Art, and Math with your preschooler.

Drop in or register [here](#) for Holland Landing on Wednesdays at November 1 to 22 at 10:30 a.m.

Drop in or register [here](#) for Mount Albert on Wednesdays at November 1 to 22 at 10:30 a.m.

## **55+ Drop-in Chair Yoga**

Date and Time: Wednesday, November 15 11:00 am - 12:00 pm

Address: 1914B Mount Albert rd

This program is a gentle introduction to yoga for anyone needing extra support. It consists of 60 minutes of modified yoga postures done while sitting or standing beside a chair. The gentle movements help improve the function, mobility, and range of motion of the spine and other joints in the body. Some of the exercises stretch, release tension tight areas and strengthen such as the shoulders, neck, sides of the chest, hips, and lower back. Breathing techniques help increase relaxation and reduce stress.

55'n Up club members receive discounts on many Town programs. If you are interested in becoming a member, stop by during any of the 55'n Up Club Activities and a volunteer would be happy to assist you!

## 55'n Up Club Darts

Date and Time: Wednesday, November 15 01:00 pm - 3:30 pm

Address: 1914B Mount Albert rd

The favourite pastime of British pubgoers is becoming very popular in The Loft. Let's continue to bring that merriment to the Club and who knows, maybe some day we'll even have the beer.

Please Note: This activity is for 55'n Up Club Members only. If you would like to become a member, please drop by The Loft and one of the volunteers would be happy to help you.

## GASC Hi/Lo Bid Euchre

Date and Time: Wednesday, November 15 01:00 pm - 4:00 pm

Address: 19513 Yonge St Holland Landing Community Centre Golden Anchor room

Hi/Lo Bid Euchre regular scoring

## Tech Help

Date and Time: Wednesday, November 15 01:30 pm - 3:00 pm

Address: 19513 Yonge St

For adults.

Join us for tech help at one of our branches. Sessions are drop in.

Holland Landing: Wednesdays at 1:30 p.m.

Mount Albert: Thursdays at 1:30 p.m.

## Employment Insurance Information Session - Service Canada

Date and Time: Wednesday, November 15 02:00 pm - 3:00 pm

Address: 19513 Yonge St

Adults. Free.

Have questions about Employment Insurance? Come to our presentation on EI covering regular and special benefits such as

sickness, family caregiver, compassionate, maternity, and parental.

Please register [here](#) for HL on Wednesday Nov 15 at 2 pm.

## Tween Makers

Date and Time: Wednesday, November 15 06:00 pm - 7:00 pm

Address: 19513 Yonge St

Ages: 9-12

Free.

All things tech for tweens!

November 1 and 2 - Makey Makey,

November 15 and 16 - LEGO Robotics,

December 6 and 7 - 3D Printing.

Please register [here](#) for Holland Landing on Wednesdays November 1, 15 and December 6 at 6 p.m.

Please register [here](#) for Mount Albert on Thursdays November 2, 16 and December 7 at 6 p.m.

## York Cinemania

Date and Time: Wednesday, November 15 07:00 pm - 9:00 pm

Address: 18195 Yonge St

UPCOMING INDEPENDENT AND AWARD WINNING FILMS  
at the SilverCity Newmarket Cinemas

November 15 at 7 p.m.

Little Richard: I Am Everything

Tickets are \$15/person per movie.

Contact [rbach@egpl.ca](mailto:rbach@egpl.ca) for information on season passes.

## 55'n Up Club Euchre All Levels

Date and Time: Wednesday, November 15 07:00 pm - 9:30 pm

Address: 1914B Mount Albert rd

Numbers are growing and members are having so much fun playing a friendly game of euchre with cash prizes to be won.

Please join us on Wednesday evening in the Loft at the EG sports centre, Doors open at 6:45pm Game starts at 7:00pm

\$2.00 to play; 6 winners every night.

Please Note: This activity is for 55'n Up Club Members only. If you would like to become a member, please drop by The Loft and one of the volunteers would be happy to help you.

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## Thursday, November 16, 2023

## **55'n Up Club Walk**

Date and Time: Thursday, November 16 09:00 am - 10:00 am

Address: 1914B Mount Albert rd

Come for a walk. Not only will you meet new people, but it is actually one of the best forms of exercise out there. Benefits include lower blood pressure and cholesterol; reduced risk for heart disease, diabetes and cancer; a brain booster; and believe it or not, a sleep aid!

If you are interested in becoming a member, stop by during any of the 55'n Up Club Activities and a volunteer would be happy to assist you!

## **55'n Up Club Drop-in Social**

Date and Time: Thursday, November 16 09:00 am - 12:00 pm

Address: 1914B Mount Albert rd

Members gather for a multitude of activities as well as a social get-together. Coffee and tea are available. Some of the popular activities are – games (Rummy-O, Scrabble, etc.); puzzles; card playing; knitting; crocheting; reading and milk bag-mat making (helping others overseas in an attempt to make their lives more comfortable)

Please Note: This activity is for 55'n Up Club Members only. If you would like to become a member, please drop by The Loft and one of the volunteers would be happy to help you.

## **55'n Up Club Granny Squares**

Date and Time: Thursday, November 16 09:30 am - 12:00 pm

Address: 1914B Mount Albert rd

The Granny Squares came back in full force starting on September 7th. We have a great group of regulars every Thursday morning and if you've ever wondered what we are all about, please stop by. We have crocheters and knitters of all levels from expert to beginners. We are happy to teach you how to crochet, with a goal of learning how to make the wonderful bears we sent off to Canada Comforts. We also learn a lot from each other, share different patterns and techniques and have lots of fun. Hope to see you on Thursday morning.

Please Note: This activity is for 55'n Up Club Members only. If you would like to become a member, please drop by The Loft and one of the volunteers would be happy to help you.

## **55+ Drop-in Line Dancing**

Date and Time: Thursday, November 16 10:00 am - 11:00 am

Address: 1914B Mount Albert rd

Our instructor will walk you through the steps of traditional and country line dancing. Great fun and Fitness too! All levels welcome.

55'n Up club members receive discounts on many Town programs. If you are interested in becoming a member, stop by during any of the 55'n Up Club Activities and a volunteer would be happy to assist you!

## 55'n Up Club Euchre All Levels Social

Date and Time: Thursday, November 16 01:00 pm - 3:30 pm

Address: 1914B Mount Albert rd

Although no one seems to know where it came from, euchre is one of the most popular card games. Come and connect with others who love the game for an afternoon or evening of fun! Choose your “game”, no prizes Thursday afternoon or cash prizes Wednesday evening. See calendar.

Please Note: This activity is for 55'n Up Club Members only. If you would like to become a member, please drop by The Loft and one of the volunteers would be happy to help you.

## Tech Help

Date and Time: Thursday, November 16 01:30 pm - 3:00 pm

Address: 19300 Centre Street

For adults.

Join us for tech help at one of our branches. Sessions are drop in.

Holland Landing: Wednesdays at 1:30 p.m.

Mount Albert: Thursdays at 1:30 p.m.

## Igniting Ideas

Date and Time: Thursday, November 16 05:00 pm - 6:00 pm

Address: 19300 Centre St

Ages: 6+.

Free.

Learn and explore all things science, tech, engineering, art, and math through engaging hands-on activities.

Drop in or register [here](#) for Holland Landing on Thursdays November 2 to 23 at 6 p.m.

Drop in or register [here](#) for Mount Albert on Thursdays November 2 to 23 at 5 p.m.

## Tween Makers

Date and Time: Thursday, November 16 06:00 pm - 7:00 pm

Address: 19300 Centre St

Ages: 9-12.

Free.

All things tech for tweens!

November 1 and 2 - Makey Makey,

November 15 and 16 - LEGO Robotics,

December 6 and 7 - 3D Printing.

Please register [here](#) for Holland Landing on Wednesdays November 1, 15 and December 6 at 6 p.m.

Please register [here](#) for Mount Albert on Thursdays November 2, 16 and December 7 at 6 p.m.

## Igniting Ideas

Date and Time: Thursday, November 16 06:00 pm - 7:00 pm

Address: 19513 Yonge St

Ages: 6+.

Free.

Learn and explore all things science, tech, engineering, art, and math through engaging hands-on activities.

Drop in or register [here](#) for Holland Landing on Thursdays November 2 to 23 at 6 p.m.

Drop in or register [here](#) for Mount Albert on Thursdays November 2 to 23 at 5 p.m.

## Friday, November 17, 2023

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### 55'n Up Club Drop-in Social

Date and Time: Friday, November 17 09:00 am - 12:00 pm

Address: 1914B Mount Albert rd

Members gather for a multitude of activities as well as a social get-together. Coffee and tea are available. Some of the popular activities are – games (Rummy-O, Scrabble, etc.); puzzles; card playing; knitting; crocheting; reading and milk bag-mat making (helping others overseas in an attempt to make their lives more comfortable)

Please Note: This activity is for 55'n Up Club Members only. If you would like to become a member, please drop by The Loft and one of the volunteers would be happy to help you.

### 55'n Up Club Walk

Date and Time: Friday, November 17 09:00 am - 10:00 am

Address: 1914B Mount Albert rd

Come for a walk. Not only will you meet new people, but it is actually one of the best forms of exercise out there. Benefits include lower blood pressure and cholesterol; reduced risk for heart disease, diabetes and cancer;

a brain booster; and believe it or not, a sleep aid!

If you are interested in becoming a member, stop by during any of the 55'n Up Club Activities and a volunteer would be happy to assist you!

## **55+ Drop-in Functional Fitness**

Date and Time: Friday, November 17 09:30 am - 10:30 am

Address: 1914B Mount Albert rd

Join us for an hour of exercise includes a warm-up, cardio, balance exercises, strength training using weights and resistance bands (provided) and ends with a cool down. This class is a great way to tone and stretch your muscles, increase your energy and promote a healthy lifestyle. Our excellent instructor, Pat Wellman, offers modifications to increase/decrease intensity as well as to help those with arthritis or injury.

55'n Up club members receive discounts on many Town programs. If you are interested in becoming a member, stop by during any of the 55'n Up Club Activities and a volunteer would be happy to assist you!

## **55+ Drop-in Functional Fitness**

Date and Time: Friday, November 17 10:30 am - 11:30 am

Address: 1914B Mount Albert rd

Join us for an hour of exercise includes a warm-up, cardio, balance exercises, strength training using weights and resistance bands (provided) and ends with a cool down. This class is a great way to tone and stretch your muscles, increase your energy and promote a healthy lifestyle. Our excellent instructor, Pat Wellman, offers modifications to increase/decrease intensity as well as to help those with arthritis or injury.

55'n Up club members receive discounts on many Town programs. If you are interested in becoming a member, stop by during any of the 55'n Up Club Activities and a volunteer would be happy to assist you!

## **Stroller Meetup**

Date and Time: Friday, November 17 10:30 am - 11:30 am

Address: 19513 Yonge St

All ages.

Free.

Are you a parent with a little one? Enjoy a variety of play-based activities for the young ones and a space for you to meet other local families.

Drop in or register [here](#) for Holland Landing on Fridays November 3 to December 22 at 10:30 a.m.

Drop in or register [here](#) for Mount Albert on Wednesdays December 6 to 20 at 10:30 a.m.

## **Turtle-y Awesome**



Date and Time: Friday, November 17 11:00 am - 12:00 pm

Address: 19300 Centre St

Ages: 7+.

Free.

Who is your favorite turtle: Donatello, Raphael, Michelangelo, or Leonardo? Show off your turtle powers by coming out to enjoy all things Ninja Turtles with us!

Please register here for Mount Albert on Friday November 17 at 11 a.m.

## **GASC Bingo**

Date and Time: Friday, November 17 01:00 pm - 3:30 pm

Address: 19513 Yonge St Holland Landing Community Centre Golden Anchor room

Join the Golden Anchor Seniors Club at The Holland Landing Community Centre in the Golden Anchor room for Bingo from 1 p.m. to 3:30 p.m.

## **PA Day Collage Craft**

Date and Time: Friday, November 17 03:00 pm - 4:00 pm

Address: 19513 Yonge St

Ages: 4-12.

Free.

Come get crafty at the library this PA day! Make multimedia collages with a wide variety of materials.

Drop in or register [here](#) for Holland Landing on Friday November 17 at 3 p.m.

## **Saturday, November 18, 2023**

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### **Outdoor Arts Circle**

Date and Time: Saturday, November 18 10:30 am - 11:30 am

Address: 19513 Yonge Street

All ages.

Free.

Join artist-educator Tiiu Strutt for songs, stories and art that nurtures love for the land. Make lanterns for our community Winter Solstice Celebration in December! It is not required to attend the Solstice Celebration for participation in this program. Please come prepared to be outside!

Drop in or register [here](#) for Holland Landing on Saturday November 18 at 10:30 a.m.

Drop in or register [here](#) for Mount Albert on Saturday November 18 at 2 p.m.

## Outdoor Arts Circle

Date and Time: Saturday, November 18 02:00 pm - 3:00 pm

Address: 19300 Centre St

All ages.

Free.

Join artist-educator Tiiu Strutt for songs, stories and art that nurtures love for the land. Make lanterns for our community Winter Solstice Celebration in December! It is not required to attend the Solstice Celebration for participation in this program. Please come prepared to be outside!

Drop in or register [here](#) for Holland Landing on Saturday November 18 at 10:30 a.m.

Drop in or register [here](#) for Mount Albert on Saturday November 18 at 2 p.m.

## Sunday, November 19, 2023

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### Santa Claus Parade, Christmas Market and Tree Lighting

Date and Time: Sunday, November 19 02:00 pm - 6:00 pm

Address: 19000 Leslie Street

Join East Gwillimbury on November 19 from 2 to 6 p.m. for a variety of activities. The Santa Claus Parade begins at Mount Albert Road and Leslie Street (19000 Leslie Street in front of the Civic Centre) and ends at the EG Sports Complex (1914B Mount Albert Road). After, join for our Christmas Market and Tree Lighting.

## Monday, November 20, 2023

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### 55'n Up Club Walk

Date and Time: Monday, November 20 09:00 am - 10:00 am

Address: 1914B Mount Albert rd

Come for a walk. Not only will you meet new people, but it is actually one of the best forms of exercise out there. Benefits include lower blood pressure and cholesterol; reduced risk for heart disease, diabetes and cancer;

a brain booster; and believe it or not, a sleep aid!

If you are interested in becoming a member, stop by during any of the 55'n Up Club Activities and a volunteer would be happy to assist you!

## **55'n Up Club Drop-in Social**

Date and Time: Monday, November 20 09:00 am - 12:00 pm

Address: 1914B Mount Albert rd

Members gather for a multitude of activities as well as a social get-together. Coffee and tea are available. Some of the popular activities are – games (Rummy-O, Scrabble, etc.); puzzles; card playing; knitting; crocheting; reading and milk bag-mat making (helping others overseas in an attempt to make their lives more comfortable)

Please Note: This activity is for 55'n Up Club Members only. If you would like to become a member, please drop by The Loft and one of the volunteers would be happy to help you.

## **55+ Drop-in Functional Fitness**

Date and Time: Monday, November 20 09:30 am - 10:30 am

Address: 1914B Mount Albert rd

Join us for an hour of exercise includes a warm-up, cardio, balance exercises, strength training using weights and resistance bands (provided) and ends with a cool down. This class is a great way to tone and stretch your muscles, increase your energy and promote a healthy lifestyle. Our excellent instructor, Pat Wellman, offers modifications to increase/decrease intensity as well as to help those with arthritis or injury.

55'n Up club members receive discounts on many Town programs. If you are interested in becoming a member, stop by during any of the 55'n Up Club Activities and a volunteer would be happy to assist you!

## **55+ Drop-in Functional Fitness**

Date and Time: Monday, November 20 10:30 am - 11:30 am

Address: 1914B Mount Albert rd

Join us for an hour of exercise includes a warm-up, cardio, balance exercises, strength training using weights and resistance bands (provided) and ends with a cool down. This class is a great way to tone and stretch your muscles, increase your energy and promote a healthy lifestyle. Our excellent instructor, Pat Wellman, offers modifications to increase/decrease intensity as well as to help those with arthritis or injury.

55'n Up club members receive discounts on many Town programs. If you are interested in becoming a member, stop by during any of the 55'n Up Club Activities and a volunteer would be happy to assist you!

## **GASC Hi/Lo Bid Euchre**

Date and Time: Monday, November 20 01:00 pm - 4:00 pm

Address: 19513 Yonge St Holland Landing Community Centre Golden Anchor room

## **GASC Hi/Lo Bid Euchre**

Date and Time: Monday, November 20 07:00 pm - 10:00 pm

Address: 19513 Yonge St Holland Landing Community Centre Golden Anchor room

## **Tuesday, November 21, 2023**

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### **55'n Up Club Drop-in Social**

Date and Time: Tuesday, November 21 09:00 am - 12:00 pm

Address: 1914B Mount Albert rd

Members gather for a multitude of activities as well as a social get-together. Coffee and tea are available. Some of the popular activities are – games (Rummy-O, Scrabble, etc.); puzzles; card playing; knitting; crocheting; reading and milk bag-mat making (helping others overseas in an attempt to make their lives more comfortable)

Please Note: This activity is for 55'n Up Club Members only. If you would like to become a member, please drop by The Loft and one of the volunteers would be happy to help you.

### **55'n Up Club Walk**

Date and Time: Tuesday, November 21 09:00 am - 10:00 am

Address: 1914B Mount Albert rd

Come for a walk. Not only will you meet new people, but it is actually one of the best forms of exercise out there. Benefits include lower blood pressure and cholesterol; reduced risk for heart disease, diabetes and cancer; a brain booster; and believe it or not, a sleep aid!

If you are interested in becoming a member, stop by during any of the 55'n Up Club Activities and a volunteer would be happy to assist you!

### **55+ Drop-in YogaFIT**

Date and Time: Tuesday, November 21 09:15 am - 10:15 am

Address: 1914B Mount Albert rd

Focus is on balance, breathing, strength, cardio, flexibility, toning, flows and chakras (energy). This program challenges participants to gain inner peace and inner strength. Yoga mat and water bottle required.

55'n Up club members receive discounts on many Town programs. If you are interested in becoming a member, stop by during any of the 55'n Up Club Activities and a volunteer would be happy to assist you!

## **55+ Drop-in BollyX**

Date and Time: Tuesday, November 21 10:30 am - 11:30 am

Address: 1914B Mount Albert rd

A Bollywood workout! This combines dance and fitness with a mix of low/high intensity, choreographed movements which includes warm-up, dynamic stretch, upper and lower body strength. Running shoes and water bottle required.

55'n Up club members receive discounts on many Town programs. If you are interested in becoming a member, stop by during any of the 55'n Up Club Activities and a volunteer would be happy to assist you!

## **GASC Hi/Lo Positive Scoring**

Date and Time: Tuesday, November 21 01:00 pm - 4:00 pm

Address: 19513 Yonge St Holland Landing Community Centre Golden Anchor

Hi/Lo Positive Scoring

## **55'n Up Club Bingo**

Date and Time: Tuesday, November 21 01:00 pm - 3:30 pm

Address: 1914B Mount Albert rd

Come out and enjoy a friendly game of bingo and maybe win some pocket change. Cards are \$0.50 each, maximum 4 cards per person. We'll play some games and have a bit of a social with the last game of the afternoon being a full card with the winner(s) taking home the cash.

Please Note: This activity is for 55'n Up Club Members only. If you would like to become a member, please drop by The Loft and one of the volunteers would be happy to help you.

## **Zumbini for Babies**

Date and Time: Tuesday, November 21 01:30 pm - 2:30 pm

Address: 19300 Centre St

Ages: 0-12 months.

Free.

Come to this program led by EarlyON Educators to learn Zumbini! Zumbini provides a wonderful workout for parents and is an opportunity for infants to experience the sounds and rhythm of music and movement.

Drop in.

Holland Landing: Tuesdays December 5 to 19 at 1:30 p.m.

Mount Albert: Tuesdays November 7 to 28 at 1:30 p.m.

## French Conversation Circle

Date and Time: Tuesday, November 21 04:30 pm - 5:30 pm

Address: 19300 Centre

For adults.

Free.

Come practice your conversational French in a fun and supportive environment.

For more information email [jremillard@egpl.ca](mailto:jremillard@egpl.ca). or register [here](#).

Virtual: Tuesdays at 4:30 p.m.

## East Gwillimbury Gardeners public meeting with speaker

Date and Time: Tuesday, November 21 07:00 pm - 8:30 pm

Address: online meeting

"The Gardens of Mexico", with speaker Wolfgang Bonham. Enjoy the varied gardens to be found in Mexico through images taken by landscape designer Wolfgang Bonham of Peace, Love and Landscaping during a solo motorcycle trip through the many varied areas of Mexico. This is an online meeting: for a link to join us on Google Meet email [eggardeners@gmail.com](mailto:eggardeners@gmail.com)

## GASC Progressive Euchre

Date and Time: Tuesday, November 21 07:00 pm - 10:00 pm

Address: 19513 Yonge St Holland Landing Community Centre Golden Anchor room

## Wednesday, November 22, 2023

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### 55'n Up Club Walk

Date and Time: Wednesday, November 22 09:00 am - 10:00 am

Address: 1914B Mount Albert rd

Come for a walk. Not only will you meet new people, but it is actually one of the best forms of exercise out there. Benefits include lower blood pressure and cholesterol; reduced risk for heart disease, diabetes and cancer; a brain booster; and believe it or not, a sleep aid!

If you are interested in becoming a member, stop by during any of the 55'n Up Club Activities and a volunteer would be happy to assist you!

## 55'n Up Club Drop-in Social

Date and Time: Wednesday, November 22 09:00 am - 12:00 pm

Address: 1914B Mount Albert rd

Members gather for a multitude of activities as well as a social get-together. Coffee and tea are available. Some of the popular activities are – games (Rummy-O, Scrabble, etc.); puzzles; card playing; knitting; crocheting; reading and milk bag-mat making (helping others overseas in an attempt to make their lives more comfortable)

Please Note: This activity is for 55'n Up Club Members only. If you would like to become a member, please drop by The Loft and one of the volunteers would be happy to help you.

## 55+ Drop-in Move Your Body

Date and Time: Wednesday, November 22 09:30 am - 10:30 am

Address: 1914B Mount Albert rd

Join our instructor for a fun, dynamic workout geared to your fitness level and ability. This program incorporates resistance bands, kettlebells and hand-held weights for a low-impact muscle-conditioning workout designed to help improve strength, mobility, and flexibility. As we improve, you'll try new exercises and build on your progress.

55'n Up club members receive discounts on many Town programs. If you are interested in becoming a member, stop by during any of the 55'n Up Club Activities and a volunteer would be happy to assist you!

## STREAM Storytime

Date and Time: Wednesday, November 22 10:30 am - 11:30 am

Address: 19513 Yonge St

Ages: 1-5.

Free.

Enjoy this activity-based storytime. A fun and simple way to explore Science, Technology, Reading, Engineering, Art, and Math with your preschooler.

Drop in or register [here](#) for Holland Landing on Wednesdays at November 1 to 22 at 10:30 a.m.

Drop in or register [here](#) for Mount Albert on Wednesdays at November 1 to 22 at 10:30 a.m.

## STREAM Storytime

Date and Time: Wednesday, November 22 10:30 am - 11:30 am

Address: 19300 Centre St

Ages: 1-5.

Free.

Enjoy this activity-based storytime. A fun and simple way to explore Science, Technology, Reading, Engineering, Art, and Math with your preschooler.

Drop in or register [here](#) for Holland Landing on Wednesdays at November 1 to 22 at 10:30 a.m.

Drop in or register [here](#) for Mount Albert on Wednesdays at November 1 to 22 at 10:30 a.m.

## 55+ Drop-in Chair Yoga

Date and Time: Wednesday, November 22 11:00 am - 12:00 pm

Address: 1914B Mount Albert rd

This program is a gentle introduction to yoga for anyone needing extra support. It consists of 60 minutes of modified yoga postures done while sitting or standing beside a chair. The gentle movements help improve the function, mobility, and range of motion of the spine and other joints in the body. Some of the exercises stretch, release tension tight areas and strengthen such as the shoulders, neck, sides of the chest, hips, and lower back. Breathing techniques help increase relaxation and reduce stress.

55'n Up club members receive discounts on many Town programs. If you are interested in becoming a member, stop by during any of the 55'n Up Club Activities and a volunteer would be happy to assist you!

## 55'n Up Club Darts

Date and Time: Wednesday, November 22 01:00 pm - 3:30 pm

Address: 1914B Mount Albert rd

The favourite pastime of British pubgoers is becoming very popular in The Loft. Let's continue to bring that merriment to the Club and who knows, maybe some day we'll even have the beer.

Please Note: This activity is for 55'n Up Club Members only. If you would like to become a member, please drop by The Loft and one of the volunteers would be happy to help you.

## GASC Hi/Lo Bid Euchre

Date and Time: Wednesday, November 22 01:00 pm - 4:00 pm

Address: 19513 Yonge St Holland Landing Community Centre Golden Anchor room

Hi/Lo Bid Euchre regular scoring

## Tech Help

Date and Time: Wednesday, November 22 01:30 pm - 3:00 pm

Address: 19513 Yonge St

For adults.



Join us for tech help at one of our branches. Sessions are drop in.

Holland Landing: Wednesdays at 1:30 p.m.

Mount Albert: Thursdays at 1:30 p.m.

## Youth Task Force

Date and Time: Wednesday, November 22 06:00 pm - 7:00 pm

Address: 19300 Centre St

Ages: Teens.

Free.

Work on library projects with other teens to receive volunteer hours.

Please register [here](#) for Holland Landing on Tuesdays November 7 and December 19 at 6 p.m.

Please register [here](#) for Mount Albert on Wednesdays November 22 and December 20 at 6 p.m.

## 55'n Up Club Euchre All Levels

Date and Time: Wednesday, November 22 07:00 pm - 9:30 pm

Address: 1914B Mount Albert rd

Numbers are growing and members are having so much fun playing a friendly game of euchre with cash prizes to be won.

Please join us on Wednesday evening in the Loft at the EG sports centre, Doors open at 6:45pm Game starts at 7:00pm

\$2.00 to play; 6 winners every night.

Please Note: This activity is for 55'n Up Club Members only. If you would like to become a member, please drop by The Loft and one of the volunteers would be happy to help you.

## Thursday, November 23, 2023

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### 55'n Up Club Drop-in Social

Date and Time: Thursday, November 23 09:00 am - 12:00 pm

Address: 1914B Mount Albert rd

Members gather for a multitude of activities as well as a social get-together. Coffee and tea are available. Some of the popular activities are – games (Rummy-O, Scrabble, etc.); puzzles; card playing; knitting; crocheting; reading and milk bag-mat making (helping others overseas in an attempt to make their lives more comfortable)

Please Note: This activity is for 55'n Up Club Members only. If you would like to become a member, please drop by The Loft and one of the volunteers would be happy to help you.

## **55'n Up Club Walk**

Date and Time: Thursday, November 23 09:00 am - 10:00 am

Address: 1914B Mount Albert rd

Come for a walk. Not only will you meet new people, but it is actually one of the best forms of exercise out there. Benefits include lower blood pressure and cholesterol; reduced risk for heart disease, diabetes and cancer; a brain booster; and believe it or not, a sleep aid!

If you are interested in becoming a member, stop by during any of the 55'n Up Club Activities and a volunteer would be happy to assist you!

## **55'n Up Club Granny Squares**

Date and Time: Thursday, November 23 09:30 am - 12:00 pm

Address: 1914B Mount Albert rd

The Granny Squares came back in full force starting on September 7th. We have a great group of regulars every Thursday morning and if you've ever wondered what we are all about, please stop by. We have crocheters and knitters of all levels from expert to beginners. We are happy to teach you how to crochet, with a goal of learning how to make the wonderful bears we sent off to Canada Comforts. We also learn a lot from each other, share different patterns and techniques and have lots of fun. Hope to see you on Thursday morning.

Please Note: This activity is for 55'n Up Club Members only. If you would like to become a member, please drop by The Loft and one of the volunteers would be happy to help you.

## **55+ Drop-in Line Dancing**

Date and Time: Thursday, November 23 10:00 am - 11:00 am

Address: 1914B Mount Albert rd

Our instructor will walk you through the steps of traditional and country line dancing. Great fun and Fitness too! All levels welcome.

55'n Up club members receive discounts on many Town programs. If you are interested in becoming a member, stop by during any of the 55'n Up Club Activities and a volunteer would be happy to assist you!

## **The 7 Days of Reading**

Date and Time: Thursday, November 23 10:00 am - 8:00 pm

Address: 19513 Yonge St

Best for ages 2-6.

Free.

Join us in our book countdown until the holidays!

Register for this program to receive 7 wrapped children's books, then unwrap and read one per day.  
Email [rbach@egpl.ca](mailto:rbach@egpl.ca) with your library card number to register by November 23.

## 55'n Up Club Euchre All Levels Social

Date and Time: Thursday, November 23 01:00 pm - 3:30 pm

Address: 1914B Mount Albert rd

Although no one seems to know where it came from, euchre is one of the most popular card games. Come and connect with others who love the game for an afternoon or evening of fun! Choose your "game", no prizes Thursday afternoon or cash prizes Wednesday evening. See calendar.

Please Note: This activity is for 55'n Up Club Members only. If you would like to become a member, please drop by The Loft and one of the volunteers would be happy to help you.

## Tech Help

Date and Time: Thursday, November 23 01:30 pm - 3:00 pm

Address: 19300 Centre Street

For adults.

Join us for tech help at one of our branches. Sessions are drop in.

Holland Landing: Wednesdays at 1:30 p.m.

Mount Albert: Thursdays at 1:30 p.m.

## Igniting Ideas

Date and Time: Thursday, November 23 05:00 pm - 6:00 pm

Address: 19300 Centre St

Ages: 6+.

Free.

Learn and explore all things science, tech, engineering, art, and math through engaging hands-on activities.

Drop in or register [here](#) for Holland Landing on Thursdays November 2 to 23 at 6 p.m.

Drop in or register [here](#) for Mount Albert on Thursdays November 2 to 23 at 5 p.m.

## Igniting Ideas

Date and Time: Thursday, November 23 06:00 pm - 7:00 pm

Address: 19513 Yonge St

Ages: 6+.

Free.

Learn and explore all things science, tech, engineering, art, and math through engaging hands-on activities.

Drop in or register [here](#) for Holland Landing on Thursdays November 2 to 23 at 6 p.m.

Drop in or register [here](#) for Mount Albert on Thursdays November 2 to 23 at 5 p.m.

## Friday, November 24, 2023

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### 55'n Up Club Walk

Date and Time: Friday, November 24 09:00 am - 10:00 am

Address: 1914B Mount Albert rd

Come for a walk. Not only will you meet new people, but it is actually one of the best forms of exercise out there. Benefits include lower blood pressure and cholesterol; reduced risk for heart disease, diabetes and cancer; a brain booster; and believe it or not, a sleep aid!

If you are interested in becoming a member, stop by during any of the 55'n Up Club Activities and a volunteer would be happy to assist you!

### 55'n Up Club Drop-in Social

Date and Time: Friday, November 24 09:00 am - 12:00 pm

Address: 1914B Mount Albert rd

Members gather for a multitude of activities as well as a social get-together. Coffee and tea are available. Some of the popular activities are – games (Rummy-O, Scrabble, etc.); puzzles; card playing; knitting; crocheting; reading and milk bag-mat making (helping others overseas in an attempt to make their lives more comfortable)

Please Note: This activity is for 55'n Up Club Members only. If you would like to become a member, please drop by The Loft and one of the volunteers would be happy to help you.

### 55+ Drop-in Functional Fitness

Date and Time: Friday, November 24 09:30 am - 10:30 am

Address: 1914B Mount Albert rd

Join us for an hour of exercise includes a warm-up, cardio, balance exercises, strength training using weights and resistance bands (provided) and ends with a cool down. This class is a great way to tone and stretch your muscles, increase your energy and promote a healthy lifestyle. Our excellent instructor, Pat Wellman, offers modifications to increase/decrease intensity as well as to help those with arthritis or injury.

55'n Up club members receive discounts on many Town programs. If you are interested in becoming a member, stop by during any of the 55'n Up Club Activities and a volunteer would be happy to assist you!

## 55+ Drop-in Functional Fitness

Date and Time: Friday, November 24 10:30 am - 11:30 am

Address: 1914B Mount Albert rd

Join us for an hour of exercise includes a warm-up, cardio, balance exercises, strength training using weights and resistance bands (provided) and ends with a cool down. This class is a great way to tone and stretch your muscles, increase your energy and promote a healthy lifestyle. Our excellent instructor, Pat Wellman, offers modifications to increase/decrease intensity as well as to help those with arthritis or injury.

55'n Up club members receive discounts on many Town programs. If you are interested in becoming a member, stop by during any of the 55'n Up Club Activities and a volunteer would be happy to assist you!

## Stroller Meetup

Date and Time: Friday, November 24 10:30 am - 11:30 am

Address: 19513 Yonge St

All ages.

Free.

Are you a parent with a little one? Enjoy a variety of play-based activities for the young ones and a space for you to meet other local families.

Drop in or register [here](#) for Holland Landing on Fridays November 3 to December 22 at 10:30 a.m.

Drop in or register [here](#) for Mount Albert on Wednesdays December 6 to 20 at 10:30 a.m.

## Queensville Holland Landing Church Take-out Lunch

Date and Time: Friday, November 24 11:30 am - 1:00 pm

Address: 20453 Leslie Street, Queensville

Enjoy a delicious take-out meal of hot meat loaf, sides, dessert and a roll for \$10 per person. Pick up between 11:30 a.m. and 1:00 p.m. Meals must be pre-ordered by Monday November 20 by calling 905-478-8450.

## Hi/Lo Big Euchre or Crazy Canasta

Date and Time: Friday, November 24 01:00 pm - 4:00 pm

Address: 19513 Yonge St Holland Landing Community Centre Golden Anchor room

## Saturday, November 25, 2023

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## Holland Landing Food Pantry

Date and Time: Saturday, November 25 10:00 am - 2:00 pm

Address: 19513 Yonge Street

Saturdays November 25 & December 16\* - 10 a.m. to 2 p.m.

Please arrive before 1:30 p.m.

\*This December, the Food Pantry will be running a pop-up date before the holidays.

The East Gwillimbury Public Library hosts a Food Pantry for families and individuals in need. Information on employment supports, housing assistance, and other community services are also available.

Visit [www.egpl.ca/services/egpl-food-pantry/](http://www.egpl.ca/services/egpl-food-pantry/) or call 905-836-6492 for more info.

To donate, please contact [foodpantry@egpl.ca](mailto:foodpantry@egpl.ca).

## Kids Arts and Crafts

Date and Time: Saturday, November 25 11:00 am - 12:00 pm

Address: 19300 Centre St

Ages: 5+.

Free.

Looking to get crafty and creative? Experiment with different artistic mediums and inspirations.

Please register [here](#) for Mount Albert on Saturday November 25 at 11 a.m.

## Monday, November 27, 2023

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### 55'n Up Club Drop-in Social

Date and Time: Monday, November 27 09:00 am - 12:00 pm

Address: 1914B Mount Albert rd

Members gather for a multitude of activities as well as a social get-together. Coffee and tea are available. Some of the popular activities are – games (Rummy-O, Scrabble, etc.); puzzles; card playing; knitting; crocheting; reading and milk bag-mat making (helping others overseas in an attempt to make their lives more comfortable)

Please Note: This activity is for 55'n Up Club Members only. If you would like to become a member, please drop by The Loft and one of the volunteers would be happy to help you.

### 55'n Up Club Walk

Date and Time: Monday, November 27 09:00 am - 10:00 am

Address: 1914B Mount Albert rd

Come for a walk. Not only will you meet new people, but it is actually one of the best forms of exercise out there. Benefits include lower blood pressure and cholesterol; reduced risk for heart disease, diabetes and cancer; a brain booster; and believe it or not, a sleep aid!

If you are interested in becoming a member, stop by during any of the 55'n Up Club Activities and a volunteer would be happy to assist you!

## **55+ Drop-in Functional Fitness**

Date and Time: Monday, November 27 09:30 am - 10:30 am

Address: 1914B Mount Albert rd

Join us for an hour of exercise includes a warm-up, cardio, balance exercises, strength training using weights and resistance bands (provided) and ends with a cool down. This class is a great way to tone and stretch your muscles, increase your energy and promote a healthy lifestyle. Our excellent instructor, Pat Wellman, offers modifications to increase/decrease intensity as well as to help those with arthritis or injury.

55'n Up club members receive discounts on many Town programs. If you are interested in becoming a member, stop by during any of the 55'n Up Club Activities and a volunteer would be happy to assist you!

## **55+ Drop-in Functional Fitness**

Date and Time: Monday, November 27 10:30 am - 11:30 am

Address: 1914B Mount Albert rd

Join us for an hour of exercise includes a warm-up, cardio, balance exercises, strength training using weights and resistance bands (provided) and ends with a cool down. This class is a great way to tone and stretch your muscles, increase your energy and promote a healthy lifestyle. Our excellent instructor, Pat Wellman, offers modifications to increase/decrease intensity as well as to help those with arthritis or injury.

55'n Up club members receive discounts on many Town programs. If you are interested in becoming a member, stop by during any of the 55'n Up Club Activities and a volunteer would be happy to assist you!

## **GASC Hi/Lo Bid Euchre**

Date and Time: Monday, November 27 01:00 pm - 4:00 pm

Address: 19513 Yonge St Holland Landing Community Centre Golden Anchor room

## **GASC Hi/Lo Bid Euchre**

Date and Time: Monday, November 27 07:00 pm - 10:00 pm

Address: 19513 Yonge St Holland Landing Community Centre Golden Anchor room

## Heat pumps Information Session

Date and Time: Monday, November 27 07:00 pm - 8:30 pm

Address: Civic Centre, 19000 Leslie Street, Sharon

Join the Sustainable Technologies Evaluation Program and Windfall Ecology for a free information session to explore environmental, energy-efficient and cost-saving alternatives for heating/cooling your home. Details on available grants and pricing information will be shared.

This event is organized by EG's Environmental Advisory Committee. To register, please [email the Environmental team](#).

## Tuesday, November 28, 2023

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### 55'n Up Club Walk

Date and Time: Tuesday, November 28 09:00 am - 10:00 am

Address: 1914B Mount Albert rd

Come for a walk. Not only will you meet new people, but it is actually one of the best forms of exercise out there. Benefits include lower blood pressure and cholesterol; reduced risk for heart disease, diabetes and cancer; a brain booster; and believe it or not, a sleep aid!

If you are interested in becoming a member, stop by during any of the 55'n Up Club Activities and a volunteer would be happy to assist you!

### 55'n Up Club Drop-in Social

Date and Time: Tuesday, November 28 09:00 am - 12:00 pm

Address: 1914B Mount Albert rd

Members gather for a multitude of activities as well as a social get-together. Coffee and tea are available. Some of the popular activities are – games (Rummy-O, Scrabble, etc.); puzzles; card playing; knitting; crocheting; reading and milk bag-mat making (helping others overseas in an attempt to make their lives more comfortable)

Please Note: This activity is for 55'n Up Club Members only. If you would like to become a member, please drop by The Loft and one of the volunteers would be happy to help you.

### 55+ Drop-in YogaFIT

Date and Time: Tuesday, November 28 09:15 am - 10:15 am

Address: 1914B Mount Albert rd

Focus is on balance, breathing, strength, cardio, flexibility, toning, flows and chakras (energy). This program challenges participants to gain inner peace and inner strength. Yoga mat and water bottle required.



55'n Up club members receive discounts on many Town programs. If you are interested in becoming a member, stop by during any of the 55'n Up Club Activities and a volunteer would be happy to assist you!

## **55+ Drop-in BollyX**

Date and Time: Tuesday, November 28 10:30 am - 11:30 am

Address: 1914B Mount Albert rd

A Bollywood workout! This combines dance and fitness with a mix of low/high intensity, choreographed movements which includes warm-up, dynamic stretch, upper and lower body strength. Running shoes and water bottle required.

55'n Up club members receive discounts on many Town programs. If you are interested in becoming a member, stop by during any of the 55'n Up Club Activities and a volunteer would be happy to assist you!

## **GASC Hi/Lo Positive Scoring**

Date and Time: Tuesday, November 28 01:00 pm - 4:00 pm

Address: 19513 Yonge St Holland Landing Community Centre Golden Anchor

Hi/Lo Positive Scoring

## **55'n Up Club Bingo**

Date and Time: Tuesday, November 28 01:00 pm - 3:30 pm

Address: 1914B Mount Albert rd

Come out and enjoy a friendly game of bingo and maybe win some pocket change. Cards are \$0.50 each, maximum 4 cards per person. We'll play some games and have a bit of a social with the last game of the afternoon being a full card with the winner(s) taking home the cash.

Please Note: This activity is for 55'n Up Club Members only. If you would like to become a member, please drop by The Loft and one of the volunteers would be happy to help you.

## **Zumbini for Babies**

Date and Time: Tuesday, November 28 01:30 pm - 2:30 pm

Address: 19300 Centre St

Ages: 0-12 months.

Free.

Come to this program led by EarlyON Educators to learn Zumbini! Zumbini provides a wonderful workout for parents and is an opportunity for infants to experience the sounds and rhythm of music and movement.

Drop in.

Holland Landing: Tuesdays December 5 to 19 at 1:30 p.m.

Mount Albert: Tuesdays November 7 to 28 at 1:30 p.m.

## French Conversation Circle

Date and Time: Tuesday, November 28 04:30 pm - 5:30 pm

Address: 19300 Centre

For adults.

Free.

Come practice your conversational French in a fun and supportive environment.

For more information email [jremillard@egpl.ca](mailto:jremillard@egpl.ca). or register [here](#).

Virtual: Tuesdays at 4:30 p.m.

## Minecraft Meetup

Date and Time: Tuesday, November 28 04:30 pm - 5:30 pm

Address: 19513 Yonge St

Ages: 7+

Free.

Play Minecraft with others from the comfort of your own home! Be prepared to build, explore, and fight Creepers. Registration required.

Virtual: Tuesdays November 14, 28 and December 12 at 4:30 p.m.

## Financial Planning With Ryan Laverty

Date and Time: Tuesday, November 28 06:00 pm - 7:00 pm

Address: 19513 Yonge St

For adults.

Free.

Join us for a presentation on financial planning with Ryan Laverty, a professor at Seneca College's School of Accounting and Financial Services.

Please register [here](#) for Holland Landing on Tuesday November 28 at 6 p.m.

## GASC Progressive Euchre

Date and Time: Tuesday, November 28 07:00 pm - 10:00 pm

Address: 19513 Yonge St Holland Landing Community Centre Golden Anchor room

# Wednesday, November 29, 2023

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## 55'n Up Club Drop-in Social

Date and Time: Wednesday, November 29 09:00 am - 12:00 pm

Address: 1914B Mount Albert rd

Members gather for a multitude of activities as well as a social get-together. Coffee and tea are available. Some of the popular activities are – games (Rummy-O, Scrabble, etc.); puzzles; card playing; knitting; crocheting; reading and milk bag-mat making (helping others overseas in an attempt to make their lives more comfortable)

Please Note: This activity is for 55'n Up Club Members only. If you would like to become a member, please drop by The Loft and one of the volunteers would be happy to help you.

## 55'n Up Club Walk

Date and Time: Wednesday, November 29 09:00 am - 10:00 am

Address: 1914B Mount Albert rd

Come for a walk. Not only will you meet new people, but it is actually one of the best forms of exercise out there. Benefits include lower blood pressure and cholesterol; reduced risk for heart disease, diabetes and cancer; a brain booster; and believe it or not, a sleep aid!

If you are interested in becoming a member, stop by during any of the 55'n Up Club Activities and a volunteer would be happy to assist you!

## 55+ Drop-in Move Your Body

Date and Time: Wednesday, November 29 09:30 am - 10:30 am

Address: 1914B Mount Albert rd

Join our instructor for a fun, dynamic workout geared to your fitness level and ability. This program incorporates resistance bands, kettlebells and hand-held weights for a low-impact muscle-conditioning workout designed to help improve strength, mobility, and flexibility. As we improve, you'll try new exercises and build on your progress.

55'n Up club members receive discounts on many Town programs. If you are interested in becoming a member, stop by during any of the 55'n Up Club Activities and a volunteer would be happy to assist you!

## Dare to Care

Date and Time: Wednesday, November 29 10:00 am - 1:00 pm

Address: 19000 Leslie Street

# **Emergency and Community Safety Services (ECSS)**

## **Dare to Care Program**

The ECSS team is also accepting donations as part of their holiday toy and food drive on November 29, 2023, from 10 a.m. to 1 p.m. at the following locations:

### **Foodland in Mount Albert**

(19263 Highway 48, Mount Albert)

### **Vinces in Sharon**

(19103A Leslie Street, Sharon)

### **Real Canadian Superstore**

(18120 Yonge Street, East Gwillimbury)

## **55+ Drop-in Chair Yoga**

Date and Time: Wednesday, November 29 11:00 am - 12:00 pm

Address: 1914B Mount Albert rd

This program is a gentle introduction to yoga for anyone needing extra support. It consists of 60 minutes of modified yoga postures done while sitting or standing beside a chair. The gentle movements help improve the function, mobility, and range of motion of the spine and other joints in the body. Some of the exercises stretch, release tension tight areas and strengthen such as the shoulders, neck, sides of the chest, hips, and lower back. Breathing techniques help increase relaxation and reduce stress.

55'n Up club members receive discounts on many Town programs. If you are interested in becoming a member, stop by during any of the 55'n Up Club Activities and a volunteer would be happy to assist you!

## **55'n Up Club Darts**

Date and Time: Wednesday, November 29 01:00 pm - 3:30 pm

Address: 1914B Mount Albert rd

The favourite pastime of British pubgoers is becoming very popular in The Loft. Let's continue to bring that merriment to the Club and who knows, maybe some day we'll even have the beer.

Please Note: This activity is for 55'n Up Club Members only. If you would like to become a member, please drop by The Loft and one of the volunteers would be happy to help you.

## **GASC Hi/Lo Bid Euchre**

Date and Time: Wednesday, November 29 01:00 pm - 4:00 pm

Address: 19513 Yonge St Holland Landing Community Centre Golden Anchor room

Hi/Lo Bid Euchre regular scoring

## **55'n Up Club Euchre All Levels**

Date and Time: Wednesday, November 29 07:00 pm - 9:30 pm

Address: 1914B Mount Albert rd

Numbers are growing and members are having so much fun playing a friendly game of euchre with cash prizes to be won.

Please join us on Wednesday evening in the Loft at the EG sports centre, Doors open at 6:45pm Game starts at 7:00pm

\$2.00 to play; 6 winners every night.

Please Note: This activity is for 55'n Up Club Members only. If you would like to become a member, please drop by The Loft and one of the volunteers would be happy to help you.

## **Thursday, November 30, 2023**

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### **55'n Up Club Walk**

Date and Time: Thursday, November 30 09:00 am - 10:00 am

Address: 1914B Mount Albert rd

Come for a walk. Not only will you meet new people, but it is actually one of the best forms of exercise out there. Benefits include lower blood pressure and cholesterol; reduced risk for heart disease, diabetes and cancer; a brain booster; and believe it or not, a sleep aid!

If you are interested in becoming a member, stop by during any of the 55'n Up Club Activities and a volunteer would be happy to assist you!

### **55'n Up Club Drop-in Social**

Date and Time: Thursday, November 30 09:00 am - 12:00 pm

Address: 1914B Mount Albert rd

Members gather for a multitude of activities as well as a social get-together. Coffee and tea are available. Some of the popular activities are – games (Rummy-O, Scrabble, etc.); puzzles; card playing; knitting; crocheting; reading and milk bag-mat making (helping others overseas in an attempt to make their lives more comfortable)

Please Note: This activity is for 55'n Up Club Members only. If you would like to become a member, please drop by The Loft and one of the volunteers would be happy to help you.

### **55'n Up Club Granny Squares**

Date and Time: Thursday, November 30 09:30 am - 12:00 pm

Address: 1914B Mount Albert rd

The Granny Squares came back in full force starting on September 7th. We have a great group of regulars every

Thursday morning and if you've ever wondered what we are all about, please stop by. We have crocheters and knitters of all levels from expert to beginners. We are happy to teach you how to crochet, with a goal of learning how to make the wonderful bears we sent off to Canada Comforts. We also learn a lot from each other, share different patterns and techniques and have lots of fun. Hope to see you on Thursday morning.

Please Note: This activity is for 55'n Up Club Members only. If you would like to become a member, please drop by The Loft and one of the volunteers would be happy to help you.

## **55+ Drop-in Line Dancing**

Date and Time: Thursday, November 30 10:00 am - 11:00 am

Address: 1914B Mount Albert rd

Our instructor will walk you through the steps of traditional and country line dancing. Great fun and Fitness too! All levels welcome.

55'n Up club members receive discounts on many Town programs. If you are interested in becoming a member, stop by during any of the 55'n Up Club Activities and a volunteer would be happy to assist you!

## **55'n Up Club Euchre All Levels Social**

Date and Time: Thursday, November 30 01:00 pm - 3:30 pm

Address: 1914B Mount Albert rd

Although no one seems to know where it came from, euchre is one of the most popular card games. Come and connect with others who love the game for an afternoon or evening of fun! Choose your "game", no prizes Thursday afternoon or cash prizes Wednesday evening. See calendar.

Please Note: This activity is for 55'n Up Club Members only. If you would like to become a member, please drop by The Loft and one of the volunteers would be happy to help you.

<https://calendar.eastgwillimbury.ca>